



# HOME CARE SERVICES

## Your home, your care, your way

### Home Care Package Model

We have Full Support option to assist you in choosing your level of support. It includes:

- Initial consultation with you, in your home
- Safe Home Risk Assessment of your home
- Developing your Care Plan with you
- Organising your initial care and services
- Rostering and staff allocation of services provided by Mercy Health nurses and home care workers
- An annual review of your Home Care Package
- Initial and ongoing correspondence with your GP about your care and services
- Access to Mercy Health services 7 days a week
- After hours support by our Service Coordination team - 24 hours a day, 7 days a week.

#### Full Support

Our Full Support Option is based on a relationship approach. This provides you with full access to your own Care Advisor and Service Coordinator.

Your Care Advisor and Service Coordinator will support you with your health and wellbeing goals and ensure your services are organised and integrated to meet your needs.

Full support includes a fixed care management fee, regardless of how much care coordination and care advisory you need.

#### Your Care Advisor and Service Coordinator will:

- consult with you about what you want
- provide advice regarding service and support options
- provide a point-of-contact for you and your support network
- arrange all services and supports for you
- support the management of your budget
- monitor quality of services provided to you
- review services should your goals or needs change
- ensure that your services are personalised and home care workers are matched to your preferences
- reassess you if you have been in hospital or your care needs change
- contact you regularly to make sure your needs are being met
- visits you at home\*

#### You will:

- inform your Service Coordinator of your leave dates
- be encouraged and supported to make decisions about your care and services – no additional charges will be applied

\*Care Advisor



## Why choose us?

We offer you the services and supports you need at all stages of life. We collaborate with you, ensuring you can choose how we support you according to your unique needs. Whatever you need to remain confident and independent at home and connected to your community, we can help you.

Our network of metropolitan and regional offices means we deliver services that are in the area where you live, so our staff are responsive to local needs.

## Your care team

- We offer you a professional care team that meets your needs and preferences
- We keep the teams small so your care is more personalised
- You can decide how we deliver services for you
- We are part of your local community
- We screen our staff carefully and ensure that they complete an annual training program.

## Our Services

We offer a range of personalised and flexible services to meet your needs. Our staff can assist you to build your package of care services, or you can choose your own services that include:

|  |   |
|--|---|
| Getting around                                   | Transporting and accompanying you to appointments and help with shopping, paying bills and running errands  |
| General help around the house                    | Domestic assistance includes routine household tasks such as cleaning, washing, ironing and making the bed. We can also prepare or organise your meals  |
| Staying safe and well                            | Assisting you with showering, dressing and grooming to help you look and feel your best. We can also help you to get in and out of bed and help you with your medication  |
| Socialising and companionship                    | Spending time with friends and family is important, so we offer support to make sure you don't miss out. Whether it is going out for coffee or lunch, visiting friends or family, going to the movies, weddings and parties, we can help with anything you enjoy  |
| Caring for your carers                           | We offer primary carers help with, or a short break from, their caring responsibilities. Respite care is available in your home or in the community, individually or in a group. Care can be provided as a regular planned service, or in response to an unexpected event   |
| Staying with you overnight                       | Enjoy peace of mind with overnight support in your home. This might include helping you prepare for bed, being close by if you need assistance overnight and helping you get ready in the morning   |
| Nursing  | Our nursing team can support your clinical needs, including health and wellbeing assessments, medication management, wound care and pain management   |
| Pet care   | We know that pets are a much loved part of the family and great source of companionship and enjoyment. Our care team can assist you to care for your pets   |
| Technology to help keep you safe and independent | Solutions include personal alarm monitoring with 24-hour response and devices that will detect if you have fallen<br>Smart plugs that fit between any appliance and the wall socket to measure your everyday activities. The plugs operate 24 hours a day, and alert your family or friends if something happens to you at home |
| Digital skills and experiences                   | Staff can help you learn new skills. Learn to shop online, use your iPad or tablet, use Skype and FaceTime or access telehealth services to maintain your independence, and stay connected with your family and community   |
| Care Advisory Service                            | Offer health and wellbeing assessments, information and advocacy, and referrals to other care services such as podiatry, physiotherapy, ramps or hand rails   |



## Home Care Package Pricing

| Package Level                               | Full Support                         |         |         |         |
|---|--------------------------------------|---------|---------|---------|
|   | 1                                    | 2       | 3       | 4       |
| Your monthly government subsidy             | \$858                                | \$1,509 | \$3,285 | \$4,980 |
| Less Package Management Fee (15%)           | \$129                                | \$226   | \$493   | \$747   |
| Less Care Management Fee (20%)              | \$172                                | \$302   | \$657   | \$996   |
| Total Package and Care Management Fee       | \$301                                | \$528   | \$1,150 | \$1,743 |
| = Your monthly funding to spend on services | \$557                                | \$981   | \$2,135 | \$3,237 |
| Ongoing Care Management                     | All included at no extra charge      |         |         |         |
| Ongoing service costs                       | Current schedule of fees (no change) |         |         |         |

\*Package and Care management fees will be charged as a % of the subsidy received

## Schedule of Fees

| Service   | Service availability                 | Rates (ex GST per hour) |                  |
|---|--------------------------------------|-------------------------|------------------|
| Domestic Assistance   | Monday – Friday<br>6.00AM – 8.00PM   | \$70.70                 |                  |
|   | Saturday                             | \$92.30                 |                  |
|   | Sunday                               | \$109.00                |                  |
|   | Public Holiday                       | \$146.30                |                  |
| Getting Around, Personal Care, Respite Care, , Digital Skills and Experiences | Monday – Friday<br>6.00AM – 8.00PM   | \$73.30                 |                  |
|   | Monday – Friday<br>8.00PM – Midnight | \$88.50                 |                  |
|   | Saturday                             | \$95.70                 |                  |
|   | Sunday                               | \$112.90                |                  |
|   | Public Holiday                       | \$150.90                |                  |
|   | Telehealth – 15 min                  | \$18.30                 |                  |
| Overnight Care<br>8 hrs continuous inactive care plus 1 active hour           | Sunday – Thursday nights             | \$338.70 per shift      |                  |
|   | Friday night                         | \$389.10 per shift      |                  |
|   | Saturday night                       | \$410.50 per shift      |                  |
|   | Public Holiday                       | \$599.90 per shift      |                  |
| Nursing Care  | Monday – Friday<br>6.00AM – 8.00PM   | Enrolled Nurse          | Registered Nurse |
|   |                                      | \$89.20                 | \$122.90         |
|   | Saturday                             | \$115.70                | \$159.80         |
|   | Sunday                               | \$133.80                | \$184.20         |
|   | Public Holiday                       | \$160.40                | \$217.60         |
|   | Telehealth – minimum 30 min          | N/A                     | \$61.45          |
| Telehealth – additional 15 min  | N/A                                  | \$30.70                 |                  |



Mercy Health

Care first

|                      |                                    |          |
|----------------------|------------------------------------|----------|
| Occupational Therapy | Monday – Friday<br>6.00AM – 8.00PM | \$133.60 |
|                      | Saturday                           | \$174.20 |
|                      | Sunday                             | \$205.90 |
|                      | Public Holiday                     | \$274.90 |
| Dementia Advisory    | Monday – Friday<br>6.00AM – 8.00PM | \$133.60 |
|                      | Telehealth - minimum one hour      | \$111.30 |

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